



Sample of NAPS box items — specific items vary each month.

KHOOM NOJ DAWBRAUCOV LAUS

Los ntawm Qhov Chaw Ua Hauj Lwm Pab Khoom Noj Khoom Haus Rau Cov Neeg Laus (NAPS) thiab Lwm Yam Khoom Muag Ntxiv (CSFP)

Khoom noj dawbraucov laus

Leej twg tuaj yeem tau txais khoom noj?

Cov neeg nyob hauv Minnesota uas muaj hnub nyoog 60 xyoo lossis tshaj saud thiab nyob los sis qis dua 130% ntawm kev txom nyem.

txhua tus neeg hauv tsev neeg	tag nrho cov nyiaj tau los txhua hli
1	\$1,473
2	\$1,984
3	\$2,495
4	\$3,007
5	\$3,518
6	\$4,029
7	\$4,541
8	\$5,052
txhua tus neeg ntxiv hauv tsev neeg	+\$512



2harvest.org/csfp

Lub chaw no yog tus muab kev vaj huam sib luag rau suav daws.



Hu rau npe los sis thov kev paub meej ntxiv

Second Harvest Heartland - NAPS
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