

# HUNGER IN AMERICA 2014

Hunger in America is a national survey done every four years by Feeding America and its member food banks, to a) document the critical role food banks and their food shelf and other agency partners play in supporting those who are hungry and b) document the number and characteristics of clients who seek help from the charitable food network.

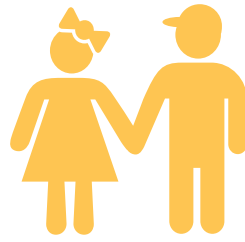


## The Second Harvest Heartland Service Area

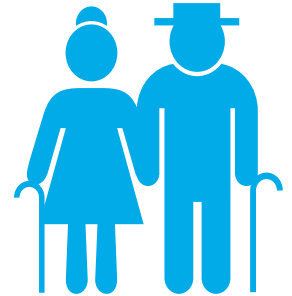
Second Harvest Heartland serves 59 counties in Minnesota and western Wisconsin.

We serve about **532,000** people each year.

more than **33%** are **children** 0-18 years old



**10%** are **seniors** 60+



Though many clients are searching for work and/or working towards an education, they still experience challenges with underemployment, limited income and poor health.

### Employment



**68%** of households have a member who **worked for pay** in the past year.

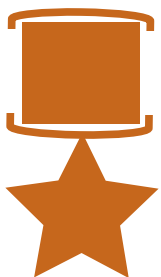
### Health



**35%** of client households have a member with **diabetes**.

**44%** of client households have a member with **high blood pressure**.

### Military



**18%** of households have at least one member who is a **veteran or actively deployed**.

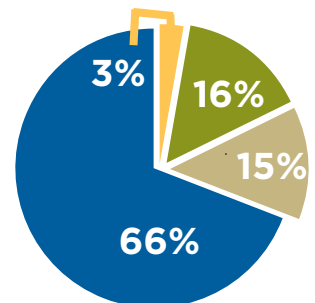
### Education



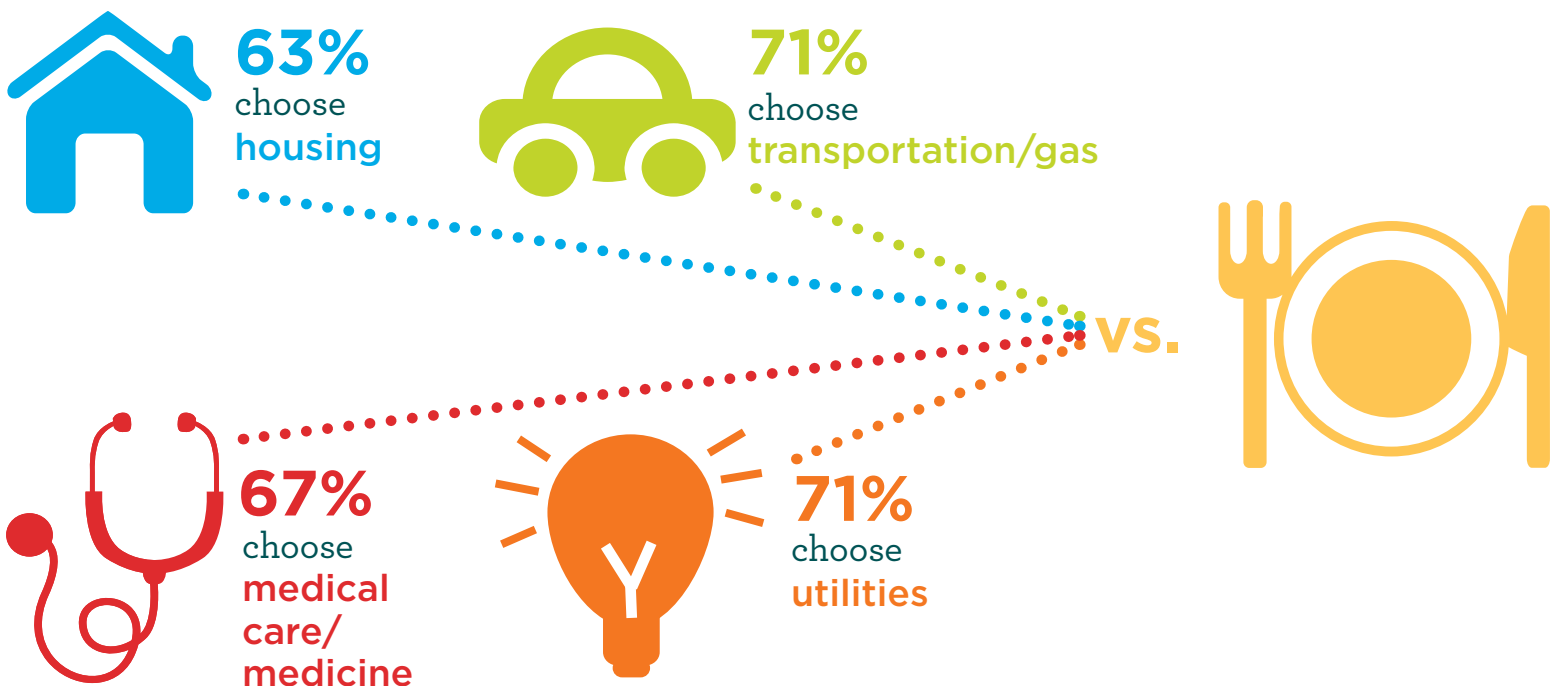
**36%** have some post-high school education.

### Income

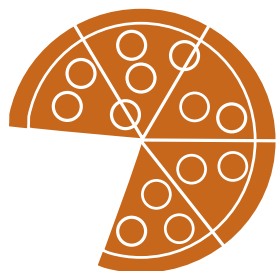
- reported **no income**
- income of **\$20,000 or less**
- income of **\$20,001 to \$30,000**
- income of **\$30,000+**



Many hungry clients had to make these tough decisions at least once in the past year:



They choose coping skills to help manage their hunger.



**81%** chose inexpensive, unhealthy foods.



**52%** received help from family or friends.



**42%** pawned or sold property.



**33%** watered down food or drinks.



second harvest  
**HEARTLAND**

Food changes everything.™

Second Harvest Heartland is one of the nation's largest, most efficient and most innovative food banks. In 2013, we delivered more than 65 million meals to nearly 1,000 food shelves, pantries and other agency partner programs serving 59 counties in Minnesota and western Wisconsin. Second Harvest Heartland helps relieve hunger not only by sourcing, warehousing and distributing food, but through data-driven thought leadership and community partnerships that help improve the region's larger hunger relief system.

**For more information, visit [2harvest.org](http://2harvest.org) or call 651.484.5117.**